

## **Soul ties**

When God created us, he created us as spirit, soul, and body. The body is tangible – bones, organs, skin. It is the “tent’ or the “earth suit” we live in. Paul put it this way

*2 Corinthians 5:1 For we know that if our earthly house, this tent, is destroyed, we have a building from God, a house not made of hands, eternal in the heavens.*

Our soul and spirit are intangible. The soul is your mind, will, and emotions.

*Genesis 2:7 And the Lord God formed man (of) the dust of the ground, and breathed into his nostrils the breath of life; and man became a living soul*

The spirit is also referred to as the heart. When we are born again our spirit is re-generated and comes alive to God.

*Hebrews 4:12 For the word of God is living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discerner of the thoughts and intents of the heart.*

### **What is a soul tie?**

It is the “knitting” together of two souls in the spiritual realm. This linkage in the soul realm between two people, can bring beneficial and negative results. God intended this for good and for the building up of each person through love and for his or her eternal good. It is a strong, emotional, or psychological attachment, which joins a person’s soul to another.

When soul ties are formed our mind, will and emotions are affected, they will affect our thinking (mind), our choosing (will) and our feelings (emotions).

However, an unhealthy or ungodly soul tie is centered on that which is lustful, sinful, temporal (just in the moment), and evil.

A soul tie forms where there is intense emotional or spiritual association or relationship.

### **Types of soul ties**

## The good

A healthy soul tie based on mutual love and respect and true submission to one another in the fear of Christ.

### **Husband and Wife**

*Genesis 2:24* Therefore, a man shall leave his father and mother and be joined to his wife, and they shall become one flesh.

A spiritual connection occurs between two people who have been physically intimate.

*Ephesians 5:31* "For this reason a man shall leave his father and mother and be joined to his wife, and the two shall become one flesh."<sup>[e]</sup> <sup>32</sup> This is a great mystery, but I speak concerning Christ and the church. <sup>33</sup> Nevertheless let each one of you in particular so love his own wife as himself, and let the wife see that she respects her husband.

This "joined" is the Greek word "kallo" which means glue, stick. Another word that is used is cleaving, this helps build a healthy, strong, and close relationship. In the becoming one flesh, you connect with someone so deeply that you feel like that you can see into his or her soul. A Godly soul tie God intended man to have is unbreakable by man. The vows that take place during the marriage ceremony are binding to the soul. Numbers 30:2

However, if one party in the marriage becomes too demanding, overbearing they use the same soul tie to dominate the partner. That is why Christ said that a man must love his wife as Christ loves the Church.

### **Parent and child**

When a child is born, the infant should bond with his/her parents. Parents are called to provide love and nurture needed for a child to grow into a healthy adult. A healthy soul tie gives safety, security and health to the child. This ensures that the child is stable and is able to grow both physically, spiritually and emotionally.

*Genesis 44:20* And we said to my lord, 'We have a father, an old man, and a child of his old age, who is young; his brother is dead, and he alone is left of his mother's children, and his father loves him.'

When the essential bonding between parents is missing at birth, it leaves their children a target for the enemy because of the rejection and insecurity they feel. If this bonding does not happen, the child will feel incomplete and will search for a loving, bonded relationship throughout their life.

As children grow older and marry the soul tie must be terminated in order for the soul tie between the husband and wife to be formed. That is why during a marriage ceremony the Pastor will ask “Who gives this bride” and the Father will reply “Her Mother and I do” and in this the soul tie is then broken. The newlyweds are still to respect and honour their parents, but now they are free to make their own Godly path in life. In the same way the Parents should not manipulate, or create an unhealthy dependence on their children, where the children feel obligated to help because the Parents or other family members who don’t want to help themselves.

### **Friendships**

This type of a soul tie is called “*phileo*” and in the Bible, we see a good example of a Godly friendship between David and Jonathan. When King Saul wanted to kill David, it was Jonathan that warned David many times and the reason that David sought out Jonathan’s children after he died in battle.

*1 Samuel 18:1 Now when he had finished speaking to Saul, the soul of Jonathan was knit to the soul of David, and Jonathan loved him as his own soul.*

We also see the friendships of Elijah and Elisha, Paul and Barnabus that were godly.

His friends easily influence a person, so it is important to choose righteous and holy friends. Think about Shadrack, Meshack, and Abednego they were strong and withstood the King and they triumphed! Where the soul tie is good, the anointing will rub off on you. Pure and holy ties among friends are based on Godly love. Godly friendships with people who have a common passion and for kingdom purposes will hold you on course.

Proverbs 27:17 *As iron sharpens iron,  
So a man sharpens the countenance of his friend.*

However, the same will happen if the soul tie is an ungodly one, the negative traits of the wrong person in your life will be evident by the choice you make.

*1 Corinthians 15:33 <sup>Do</sup> **not be** deceived: “Evil company corrupts good habits.”*

### **Boyfriend/Girlfriend relationships**

Be careful when you start dating; make sure that the person is a godly.

*2 Corinthians 6:14 Do not be unequally yoked together with unbelievers. For what fellowship has righteousness with lawlessness? And what communion has light with darkness? <sup>15</sup> And what accord has Christ with Belial? Or what part has a believer with an unbeliever? <sup>16</sup> And what agreement has the temple of God with idols? For you<sup>[b]</sup> are the temple of the living God. As God has said:  
“I will dwell in them  
And walk among them.  
I will be their God,  
And they shall be My people.”*

Intimacy is not purely physical, but emotional too. We must be aware of the brain chemistry – estrogen and testosterone have a major role in attraction as well as dopamine and norepinephrine. When you share the intimate and emotional content of your hearts, you form a soul tie. This can cause an unhealthy dependence on the person. We need to keep our priorities straight and be dependent on Jesus so that we are not distracted from our kingdom purpose.

*Psalm 19:9-11 The fear of the Lord is clean, enduring forever;  
The judgments of the Lord are true and righteous altogether.*

*10 More to be desired are they than gold, Yea, than much fine gold; Sweeter also than honey and the honeycomb. 11 Moreover by them Your servant is warned, And in keeping them there is great reward*

### **Christians**

The Church is made up of many members who are knit together and built up through love. Through prayer and fellowship, we form Godly soul ties. We must be careful in this as well especially when we are interceding for one another or when we work with one another that the boundary lines are kept in place.

*Ephesians 4:16 from whom the whole body, joined and knit together by what every joint supplies, according to the effective working by which every part does its share, causes growth of the body for the edifying of itself in love.*

*1 Corinthians 12:1 For as the body is one and has many members, but all the members of that one body, being many, are one body, so also is Christ. <sup>13</sup> For by one Spirit we were all baptized into one body—whether Jews or Greeks, whether slaves or free—and have all been made to drink into<sup>[c]</sup> one Spirit. <sup>14</sup> For in fact the body is not one member but many.*

### **God wants our souls to prosper**

*3 John 1:2 Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers*

### **The bad**

The negative effect where we have a linkage in the soul realm is that what at first looked good can bring us the greatest pain. Soul ties can be used for Satan's advantage especially when they are formed outside of marriage, as this defiles his/her body. This gives Satan legal ground to attack you.

*1 Corinthians 6:18 Flee sexual immorality. Every sin that a man does is outside the body, but he who commits sexual immorality sins against his own body.*

**2 Corinthians 7:1** *Therefore, having these promises, beloved, let us cleanse ourselves from all filthiness of the flesh and spirit, perfecting holiness in the fear of God.*

*Genesis 34:2-3* Now Dinah the daughter of Leah, whom she had borne to Jacob, went out to see the daughters of the land. <sup>2</sup> And when Shechem the son of Hamor the Hivite, prince of the country, saw her, he took her and lay with her, and violated her. <sup>3</sup> His soul was strongly attracted to Dinah the daughter of Jacob, and he loved the young woman and spoke kindly to the young woman.

Because of this young man's actions, he had made a soul tie with her and now wanted to marry her, but this led to friction between the families, which led to war. Therefore, our actions don't only affect us but others and generations if not dealt with.

### **The Ugly**

Dabbling in the occult whether knowingly or unknowingly will result in opening doors for a soul tie and possible oppression or possession. James 4:17 *Therefore, to him who knows to do good and does not do it, to him it is sin.*

*Galatians 6:7* Do not be deceived, God is not mocked; for whatever a man sows, that he will also reap.

We need to be careful what we say because our words are powerful!!!

Saying the following things can be dangerous

"I can't live without you", "I can't be happy without you", "I will die without you"

Demonic soul ties are founded in lust. Satan cannot go beyond his limited rights. He must work with the framework of which is allowed. When the enemy gets the opportunity, he will pervert what is pure.

### **Sexual immorality**

*1 Corinthians 6:16* Or do you not know that he who is joined to a harlot is one body with her? For "the two," He says, "shall become one flesh."

### **Soul ties with the dead.**

**Prolonged mourning is an indication of a soul tie. After a reasonable time of grieving it is important to completely release these people to the Lord.**

### **Follow the right path**

**Proverbs 4:23** *Keep your heart with all diligence,  
For out of it spring the issues of life.*

**1 Thessalonians 4:3-8** *For this is the will of God, your sanctification: that you should abstain from sexual immorality; <sup>4</sup>that each of you should know how to possess his own vessel in sanctification and honor, <sup>5</sup>not in passion of lust, like the Gentiles who do not know God; <sup>6</sup>that no one should take advantage of and defraud his brother in this matter, because the Lord is the avenger of all such, as we also forewarned you and testified. <sup>7</sup>For God did not call us to uncleanness, but in holiness. <sup>8</sup>Therefore he who rejects this does not reject man, but God, who has also given<sup>[a]</sup> us His Holy Spirit.*

**Proverbs 4:14-16** *Do not enter the path of the wicked,  
And do not walk in the way of evil.*

<sup>15</sup> *Avoid it, do not travel on it;*

*Turn away from it and pass on.*

<sup>16</sup> *For they do not sleep unless they have done evil;*

*And their sleep is taken away unless they make someone fall.*

**Proverbs 22:4-5** <sup>4</sup>*By humility and the fear of the LORD  
Are riches and honour and life. Thorns and snares are in the way of  
the perverse; He who guards his soul will be far from them.*

**Titus 1:5-11** *For this reason I left you in Crete, that you should set in order the things that are lacking, and appoint elders in every city as I commanded you— <sup>6</sup>if a man is blameless, the husband of one wife, having faithful children not accused of dissipation or insubordination. <sup>7</sup>For a bishop[a] must be blameless, as a steward of God, not self-willed, not quick-tempered, not given to wine, not violent, not greedy for money, <sup>8</sup>but hospitable, a lover of what is good, sober-minded, just, holy, self-controlled, <sup>9</sup>holding fast the faithful word as he has been taught, that he may be able, by sound doctrine, both to exhort and convict those who contradict. <sup>10</sup>For there are many insubordinate, both idle talkers and deceivers, especially those of the circumcision, <sup>11</sup>whose mouths must be stopped, who subvert whole*

*households, teaching things which they ought not, for the sake of dishonest gain.*

**Do I need to be free of a soul tie?**

If you feel that, you have an unhealthy or ungodly soul tie, it needs to be dealt with and cut off in Jesus name.

Father God, I boldly approach your throne of grace, knowing that I am covered by the precious blood of Jesus, your Son.

I ask that you cut all ungodly and unhealthy soul ties between myself and anyone else created by any relationship, sexual or otherwise, known or unknown, remembered or forgotten. I ask you to break the power of any commitments, vows, and agreements that I have made I pray that you will give me discernment in the future with all relationships, lead me, and guide me in your way.

I thank you for doing this in Jesus mighty name, Amen.